BirthWell Partners Breastfeeding training: Encouraging and Supporting Breastfeeding in a First Food Desert

Class Date: ________________
Time: 8:30-12:30 noon
Date: check website
Where: check website
Cost: $50

This training will present the Trans-Theoretical Model of Change as a framework for addressing barriers to breastfeeding, maximizing influence to promote breastfeeding and for supporting continued breastfeeding success.

Participants will learn how to:
- provide information about breastfeeding using effective language
- encourage mothers to shift their decisional balance toward breastfeeding
- teach skills to get breastfeeding off to a good start
- identify support for initiation and for continued success
- identify an effective latch and feeding pattern
- provide anticipatory guidance and support

Birth and postpartum doulas, labor and delivery nurses and pediatric nurses, WIC providers, childbirth educators, LaLeche League Leaders, lactation specialists, ICAN leaders, and anyone who works to support new mothers. (3.8 CEUs, ask about CERPs)

www.BirthWellPartners.org
BirthWell Partners Breastfeeding Class registration:

Please indicate date of class: ____________________________

Name:______________________________________________

Email :____________________________________________

Address:___________________________________________

City:_______________________________________________

State:_________ Zip Code:________

Phone:____________________ (w,h,c) ________________ (w,h,c)

Payment $50

Please make checks payable to BirthWell Partners and mail with registration to:

BirthWell Partners  
976 Linwood Rd.  
Birmingham, AL 35222

Or visit our web site http://www.birthwellpartners.org/class-registration/ to register.