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## **BirthWell Partners Perinatal Health Advocate training:**

**Time:** 1:30-5:00pm

**Date:** check website (Registration deadline is 2 weeks before class date)

**Where:** check website

**Cost:** \$40

This three and a half hour training explores global and local health disparities in rates of Maternal Mortality, Infant Mortality, Pre-term Birth and Low Birth Weight births. After clarifying the problem, this class lays out the four pillars of “The JJ Way” created by Jennie Joseph of Common Sense Childbirth: An approach to prenatal care that has been shown to greatly impact the health of babies born to low-resource mothers.

[www.commonsensechildbirth.org](http://www.commonsensechildbirth.org)

Did you know that African American babies in the USA are more than twice as likely to die in their first year compared to white babies?

Did you know that African American women in this country are 3-4 times more likely to die of pregnancy related causes than white women?

-A **Perinatal Health Advocate** focuses on connecting mothers with resources and support for her pregnancy, birth and for parenting. The focus is on the mother’s global needs during pregnancy, birth and the early postpartum.

- ♥ *A Perinatal Health Advocate understands how the environment in which a mother lives affects her pregnancy and birth.*
- ♥ *A Perinatal Health Advocate is aware of the unacceptable health disparities affecting women in our communities.*
- ♥ *Perinatal Health Advocates help connect women to the resources they need to lead healthy lives and to complete healthy pregnancies.*



Who should take this course?

- Doulas and doulas in training
- Social workers who work with women during their childbearing years
- Early Head Start staff
- Healthy Start staff
- Lactation consultants
- Labor and Delivery Nurses
- Obstetricians working with mothers whose pregnancy is covered by Medicaid
- WIC providers and peer counselors
- Public Health students and professionals
- Anyone who wants to work to address health disparities related to birth and babies in our community

**BirthWell Partners Perinatal Health Advocate Training registration:**

**Please indicate date of class:** \_\_\_\_\_

(Registration deadline is two weeks before class date)

Name: \_\_\_\_\_

Email : \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ (w,h,c) \_\_\_\_\_ (w,h,c)

Payment \$40: \_\_\_\_\_

Please make checks payable to BirthWell Partners and mail with registration to:

976 Linwood Rd.  
Birmingham, AL 35222

Or register on our web site here <http://www.birthwellpartners.org/class-registration/>