## YOU ARE INVITED TO <u>ACTT</u>!

## Created by the Black Coalition for Safe Motherhood, <u>ACTT</u> Stands For:

 $\underline{\mathbf{A}}$ sk Questions Until You Understand the Answers

<u>C</u>laim Your Space <u>T</u>rust Your Body <u>T</u>ell Your Story



This in-person workshop covers your right to quality care, the right to be an active participant in your health care, and the benefits of holistic support for birthing families. We'll discuss how to identify maternity services that provide care focused on YOU, and practice ACTTing together!

