



Work-Study Commitment

BirthWell Partners Work-Study is a win-win for doulas and clients: You will receive comprehensive training, mentoring, and matching with doula clients to obtain the hands-on experience that will prepare you for community doula work and meet DONA certification requirements for birth doulas. At the same time, the BirthWell clients you serve will receive one-on-one support that has the potential to improve both maternal and infant health outcomes.

Please read through this document thoroughly and ask any questions before agreeing to the commitment. What we are asking of you requires a commitment of time and energy on your part and on ours for the next 12 months.

A full work-study award requires attending 3 births with BirthWell clients. A partial work-study award requires attending 2 births with a BirthWell client.

You are not prohibited from taking private clients while fulfilling your work-study commitment. In fact, we encourage you to, and will support you in establishing a private doula practice as soon as you feel you are ready.

BirthWell Partners Agrees to Provide:

- A comprehensive Birth Doula Workshop that fulfills all of the classroom education requirements for doula certification through DONA International, i.e. Introduction to Childbirth + Birth Doula Training Workshop + Breastfeeding Class for Doulas (\$650 value)
- A Perinatal Health Advocate Training (\$40 value) & ACTT Workshop
- A Doula Orientation to working with BirthWell Clients
- Monthly meetings to assist you with meeting certification requirements through DONA International
- Mentoring and support from experienced doulas
- Reimbursement for a one-year DONA membership and certification application fees (\$255 value) when full work-study recipient has attended 3 client births and submitted all required paperwork in a timely manner. (A partial work-study recipient is not committed to attending 3 births, but may elect to attend 1 additional birth to receive this reimbursement.)

Work Study Participant Agrees to:

- Attend the *Introduction to Childbirth Education for Doulas* course
- Attend the *Doula Training Workshop*
- Attend the *Breastfeeding Class*
- Attend the *Perinatal Health Advocate Training & ACTT Workshop*
- Attend the Doula Orientation



- Attend at least half of the monthly doula meetings (2023 meetings will be held the 1st Wednesday of each month from 5:30 to 8 pm or 6:30 – 8 pm)
- Follow the DONA Code of Ethics and Standards of Practice for Birth Doulas
- Check and respond to messages (email, phone, or text) within a 24-hour period of time, and stay in regular communication with program staff.
- Update staff regarding contact with doula clients and promptly notify staff if a situation arises in which doula is unable to fulfill a commitment to a client.
- Provide birth doula services to the required number of BirthWell Partners’ clients (3 for full work-study/2 for partial work-study) within 12 months of attending the classroom training. Services include 2 prenatal visits, birth support, and 2 postpartum visits.
- Arrange backup with another doula in the program for each client doula is assigned
- Provide backup to other doulas in the program (Note: if you attend a birth as a back-up, it counts toward your required births)
- Complete and submit documentation for each client in a timely manner as outlined in volunteer procedures. In order to count a birth as “attended,” we must receive all required documentation (client services agreement, prenatal visit forms, birth data, postpartum visit forms). If doula provides services but does not provide documentation, we cannot count the birth towards the work-study commitment.
- Represent BirthWell Partners in a professional manner at all times

I, **[name]** have read this commitment document and accept the conditions outlined herein for a **[full or partial]** work-study position.

signature

date